

AN ACT concerning public health.

Be it enacted by the People of the State of Illinois,  
represented in the General Assembly:

Section 1. Short title. This Act may be cited as the  
Ephedra Prohibition Act.

Section 5. Findings. The General Assembly finds the  
following:

(1) Over 3 billion servings of ephedra are consumed  
by Americans each year.

(2) Ephedra, or ma huang, has been associated with  
a wide range of severe adverse events, including death.

(3) The U.S. Food and Drug Administration has  
received over 18,000 reports of adverse reactions by  
ephedra users, including strokes, seizures, heart  
attacks, and deaths.

(4) The Inspector General of the U.S. Department of  
Health and Human Services noted in a report on ephedra  
adverse events that 60% of those adverse events were  
experienced by people under the age of 40.

(5) A study reported in the Annals of Internal  
Medicine concluded that, compared with other herbs,  
ephedra is associated with a greatly increased risk for  
adverse reactions and that the use of ephedra should be  
restricted.

(6) The American Medical Association and the  
consumer group, Public Citizen, have called for a  
nationwide ban on ephedra.

(7) The National Collegiate Athletics Association,  
the National Football League, and the International  
Olympic Committee have all banned ephedra use by their  
athletes because of concerns about the safety of this

dietary supplement.

(8) The U.S. Army has banned the sale of ephedra products in army commissaries worldwide after 33 army personnel died from consuming ephedra products.

(9) Canada, Britain, Germany, and Australia have all taken steps to restrict the sale of ephedra products.

Section 10. Purpose. The purpose of this Act is to ban the sale of all dietary supplements containing ephedrine alkaloids in the State of Illinois regardless of the age of the purchaser in order to protect the health and public safety of Illinois residents.

Section 15. Definitions:

"Ephedra" means herbs and herbal products that contain ephedrine alkaloids, including ma huang, Chinese ephedra, ephedra sinica, ephedra herb powder, epitonin, or any extract of those substances, but does not include any drug that contains ephedrine and is lawfully sold, transferred, or furnished over the counter with or without a prescription pursuant to the federal Food, Drug, and Cosmetic Act (21 U.S.C. 301 and following) or regulations adopted under that Act.

"Person" means any natural person, individual, corporation, unincorporated association, proprietorship, firm, partnership, joint venture, joint stock association, or any other business organization or entity.

Section 20. Prohibition.

(a) No person may sell or offer for sale any dietary supplement containing any quantity of ephedra or ephedrine alkaloids to any person located within the State or to any person making the purchase from within the State.

(b) The prohibition in subsection (a) of this Section

does not apply to the sale of any product that receives explicit approval as safe and effective for its intended use under the federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) or is lawfully marketed under an over-the-counter monograph issued by the U.S. Food and Drug Administration.

Section 25. Penalties.

(a) Any person who violates this Act is guilty of a Class A misdemeanor. The penalty is imprisonment for less than one year or a fine of not more than \$5,000 or both for a first offense.

(b) For a subsequent violation of this Act, a person is guilty of a Class 3 felony, and the penalty is imprisonment for less than 5 years or a fine of not more than \$20,000 or both.

Section 99. Effective date. This Act shall take effect upon becoming law.